



A Soul Regression Level One--Past Life Training Past Life Regression Tools: Resolving Issues from Other Lifetimes

**A 10-Module Video Training Program with Dr. Linda Backman
Special Discount Price for a Limited Time: \$1100**

This 10-module video course is open to anyone who wants to gain the skill of guiding Past Life Soul Regression (PLSR) and/or wants to deepen their understanding and awareness of past lives tied to the resolution of current life symptoms of past-life issues, leading to soul evolution. The video series is taught by Dr. Linda Backman, an expert psychologist and regression therapist who has been in private practice for over 40 years, with 25+ years guiding soul regressions.



This Video Training Course Includes:

- Client Case Studies
- Experiential to Discover Past Lives and Resolve issues
- Past Life Soul Regression with Actual Client
- Processing of Client Practice Sessions

Contact Earl@RavenHeartCenter.com or call 303-818-0575 for course expectations & any questions.

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Register here: www.ravenheartcenter.com/index.php/soul-regression-tele-training

COURSE DETAILS:

Each of our lives is designed for the evolution of our soul to reach higher levels of wisdom and awareness, as well as the advancement of Humanity. Our free will choices can lead to both soul evolution, as well as karmic, less desirable actions. Past Life *Soul Regression* reveals dharma, or our beneficial actions in prior embodiment, that we are to embrace in current life. Our past life karma is demonstrated through present life relationships, along with physical-emotional-spiritual issues. By becoming aware of our past life karma and dharma, we can both release or embrace what has happened in prior existence to aid life today.

This breakthrough program allows you to learn how to use hypnotherapy to guide clients to uncover past lives, understanding how to enhance their lives today. The course includes teaching, demonstration, and practicum. Completion of the PLSR training course provides eligibility to gain PLSR Therapist Certification.

Module One: “Be Accountable for Your Past Life Karma & Dharma”

All of our past lives, and information about them, are believed to be held within the Akashic Records. Akasha is a Sanskrit word meaning sky, space, or ether; the concept of the Akashic Records was developed in the 19th Century. It is believed these records are real but energetic, existing in a nonphysical plane. While in trance, the client is able to utilize intuition to become aware of past life events and details.

Often, we have more than one past life where related circumstances constrict our life today. Here, a pattern from one life to the next develops where we make faulty assumptions about our own capabilities or how others will treat us. You may have had a lifetime 1,500 years ago that is tied to your unexamined, puzzling, or undermining beliefs of today. Perhaps your mindset was much too “advanced” for others at the time. In your life today, you may be shying away from being open about what is deeply meaningful to you for fear you’ll be ostracized. Consider what apprehension might remain within you that is tied to past life experience.

In this Module participants will learn to:

- Recognize symptoms of unresolved past-life issues
- Understand how the client’s guides and higher-self determine the past life that is revealed
- Accept the validity of past life details that emerge in a regression
- Connect the client’s current life with past life content that surfaces

Experiential: Guided intuitive encounter to trust we are guided at all times

Module Two: “How to Resolve Past Life Physical, Emotional, and Relationship Issues through Regression Hypnotherapy”

Soul regression uses hypnosis, similar to deep meditation, to support and guide the client into a relaxed altered state of consciousness called trance. Every day of our life, we relax and the frequency of our brain waves lessen upon sleep. It is in alpha and theta brain wave states that we gain access to the soul knowledge of our higher self. A trained, experienced soul regression therapist facilitates the client’s reaching and maintaining the necessary altered state.

Your higher self has access to guides and the “library” of soul information. During regression your left hemisphere function is the mental overseer enabling you to comprehend specific intuitive content from the spiritual realm. To offer advice: exercise and trust both your right and left-brain abilities. Balance is the key.

In this Module participants will learn to:

- Understand and normalize the process of hypnotherapy
- Recognize the meaning of “brain wave state” in hypnosis
- Comprehend how Past Life Regression reveals valid karma and dharma to be resolved & embraced in life today
- Work with an uneasy client to relax
- Know the client benefits of Past Life Regression

Experiential: Guided intuitive experience to deepen and allow past life content to arise

Module Three: “Reaching an Altered State of Consciousness through Past Life Regression”

Your soul has a mind of its own. By this I mean that you incarnate with divine intelligence and divine intent, coming in with a life plan and higher guidance. Not only that: you also have the ability to discover the details of your karmic or dharmic life plan, and you have free will to carry them out or not.

Regression clients frequently uncover a past life pattern whereby, for example, they have repeatedly been abandoned by a parent, either physically or emotionally. In our soul DNA, we may be clinging to the feeling of victimization that has ensued. If we can release and delete the bound-up hurt and anger, we can let go the emotional distress and balance out the painful energy. We then enable our soul evolution to achieve the intentions of our life blueprint in this round.

In this Module participants will learn to:

- Guide a client into trance or altered state
- Recognize the meaning of life plan and free will
- Comprehend that the client’s higher self and guides select the life to be revealed
- Use their voice pattern and energy to assist the client to relax
- Understand classic themes and resulting issues over lifetimes

Experiential: Guided intuitive experience for participants to discover a past life theme

Module Four: “Preparing the Client to Discover a Significant Past Life”

Interviewing and preparing the client for the Past Life Regression is as important as the regression content itself. One or two probing questions can be asked by the client to suggest to the guides what life to reveal. Examples of such questions might include a current life relationship and the potential tie to a past lifetime. Or, is there a past life event that explains a client’s current life fear or physical symptom?

Soul regression illuminates explanation and direction to comprehend the root cause of physical and emotional health disturbance. The melding of our eternal Soul Memory Code with this life’s body and mind activates our life blueprint to evolve our soul, and that of Humanity. When we release past life trauma and care for our mind/body in the manner most beneficial for our uniqueness, then we honor the core of “all that is.”

In this Module participants will learn to:

- Guide a client interview
- Prepare the client and the setting for the past life regression

- Help the client to ask pertinent questions that relate to the upcoming past life discovery
- Assist the client to prepare to release past life circumstances in life today
- Aid the client to know that their guide's intention is benevolent

Experiential: Guided intuitive experience for participants to talk with a guide about intentions and questions to be asked in a regression

Module Five: “Using a Past Life Hypnotic Induction to Guide Intuitive Discovery”

Past Life Regression is a powerful tool. In simple terms, it refers to the use by a trained practitioner of specific breathing techniques, guided imagery, and other noninvasive means to guide the client into a natural state of relaxation, or trance hypnosis, that is conducive to accessing information beyond that of current life data.

The Regression Therapist uses a specific hypnotic induction to support the client's revelation of a past life that explains circumstances in current life. Understanding the Past Life Regression process, as well as a specific group of skills is essential for the practitioner. Moving through the past lifetime, scene by scene, and uncovering events surrounding the death scene, are essential elements to assist the client in life today.

In this Module participants will learn to:

- Guide the past life hypnotic induction
- Anchor the client in the first past life scene
- Help the client to relax and deepen
- Assist the client allow past life content to surface
- Aid the client to understand the value of the death scene

Experiential: Guided intuitive experience for participants to discover a karmic or dharmic past life.

Module Six: “Past Life Revelation on Earth and Interplanetary, Scene by Scene”

Past lives can affect our current life in every imaginable manner—from the physical to the emotional to the behavioral. Regression into past life memory “opens the curtain” on specific important scenes and events that we have lived in different times and places, providing an opportunity to unlock our emotions, thoughts, awareness, and energetic blocks stemming from them.

Simply stated, regression hypnotherapy is a precise and powerful tool you can use to access and deepen your understanding of your core self. It can open a unique window on any number of issues and life circumstances, such as:

fear of death, health challenges, emotions, phobias, career choices, geographic location of residence, relationships, and interplanetary connections.

In this Module participants will learn to:

- Guide a client forward and backward in a past life
- Prepare the client be able to connect the past life to current life circumstances
- Help the client to determine if they've experienced an interplanetary life
- Assist the client to prepare to release past life circumstances in life today
- Aid the client to know that when a loved one dies their soul energy remains

Experiential: Guided intuitive experience for participants to talk with a guide about lives on Earth and elsewhere

Module Seven: “Past Life Karma of Attachment and Detachment”

Resolving experiences from other lifetimes often requires “attaching to” and “acceptance of” challenging past experiences, such as the death of a child, the ending of a love relationship, the solitude of aloneness, and more. Attachment happens when we encounter a previous life circumstance, where discomfort may be the end result. Detachment relates to maintaining healthy emotional and physical distance. Discernment is the key to the dynamic equilibrium of closeness and lack of. As the new mother and father must bond with their infant to provide moment-by-moment loving care, so must the parents appropriately disengage when “Johnny” or “Susie” leaves home. Give them “roots” and “wings” is the spot-on adage.

Once we attach, then it is crucial to free our self from the chains of pain that can bind us. It is in the freeing, in the detachment, that we come to comprehend that all is meaningful to lead us ever higher on the ladder of our individual soul evolution, and that of Humanity.

In this Module participants will learn to:

- Guide a client to attach to challenging past life experiences
- Prepare the client be able to detach from tough past life experiences
- Help the client to determine when to attach to dharmic past life details
- Facilitate a past life session by experiencing a live in-class regression
- Aid the client to access the specifics of the death scene

Experiential: Guided intuitive experience for participants to talk with a guide about attachment and detachment

Module Eight: “Past Lives Like a Stormy Sea or a Peaceful Pond”

Each life we undergo has an objective. As advancing souls, we’ve known embodiment for hundreds, if not thousands, of encores. Like the tides of a calm or a stormy sea, some incarnations are framed with pleasantries, through agreeable relationships, work, and health, including the quality of where and how we live; In contrast, all of us have dealt with lives easily described as “prickly,” intended for rapid and intense progress.

Lives of challenge contain examples of our behavior, both as the victim and the victimizer. The abused, sadly, often becomes the abuser. Our current life details reveal themselves through our memory, as well as through turning to family members who can offer insight. Without the “big picture” of our string of past lives, it is impossible to fully comprehend why we must cope with a father who is alcoholic, or a child with a chronic illness. The soul of our father may have been the servant-girl we abused; our child may have been our child of the past that we left to be raised by grandparents.

In this Module participants will learn to:

- Guide a client practice past life regression and process with our class
- Prepare the client to understand the purpose of their guide selecting the past life
- Understand that past, present, and future lives are not happening at once and why

- Aid the client to access the specifics of the death scene
- Use intuition to evaluate the past life impact on life today

Experiential: Guided intuitive experience for participants to talk with a guide about why a particular past life was discovered

Module Nine: “How to Deepen and Expand the Client Experience”

Guiding a client to unveil specific linear and emotional details of a past life, chosen by spiritual guides, is often profound and life-changing. Past life facilitation and therapy requires a skillful collection of spiritual awareness and precise tools. Supporting and aiding the client’s discovery of karma and dharma is an honor, on one hand, and a serious responsibility, on the other hand. This course will offer the participant distinct and methodical “implements” to aid the client’s this-life soul evolution through past life revelation.

In this Module participants will learn to:

- Guide a client to identify past life people in life today
- Prepare the client to communicate with their guide daily
- Understand that future lives are affected by today’s life
- Aid the client to validate the past life information
- Use intuition to continue discovery of past lives on their own

Experiential: Guided intuitive experience for participants to enhance the progress of their soul evolution

Module Ten: “Resolution of Karma & Dharma for You and Your Clients”

When we “mend” our soul through reincarnation, the “seam” of our ongoing soul evolution will be tightly sewn through the knowledge and release of who we’ve been, along with our actions. Through ongoing balance and healing what has come before, we evolve as a soul. By no means have I detailed a painless process. The darkness of our past becomes illumined through the light of knowing and feeling our throbbing angst within. Knowing is not enough; the pain of our misdeeds, as specified by the details, must be suffered. In other words, during soul regression when we delve into exactly what happened, and with whom, we can arrive at the place of debriding our soul wound. Only then are we likely to avoid future behavior of a similar style.

The pathway I’ve described, I have lived, even to the point of facing the soul (in their current body) that I abused in the past. Though it is not essential to actually know someone in your life today, who was the past life victim, the power of literal, truthful sharing and apology goes a long way to assist both of you to release past scars.

In this Module participants will learn to:

- Guide a client to understanding “mending through reincarnation”
- Prepare the client to use awareness of past lives in everyday life
- Understand that we are in charge of our own destiny
- Create their own past life regression private practice
- Use action steps to aid their own soul evolution, and that of others.

Experiential: Guided intuitive experience for participants to know they are incarnate today with purposeful intention.